



# **Dr. Mark McDonald MD**

## ***How Masks Harm Children***

- Masks dehumanize by rendering the wearer “faceless.”
- Masks block emotional communication and increase distance between people.
- Masks block audible communication and discourage people from speaking to one another.
- Masks increase anonymity and decrease accountability for antisocial behavior.
- Masks prevent infants from learning how faces display emotion.
- Masks prevent mothers from bonding with their babies by blocking all emotional expression.
- Masks display and perpetuate fear.
- Masks decrease oxygen saturation levels in the blood.
- Masks encourage the growth of bacteria in the mouth and throat, leading to tooth decay and infections.
- Masks encourage skin disease around the mouth and on the face—acne, eczema, impetigo.

Dr. McDonald trained in both adult and child & adolescent psychiatry at UCLA and achieved double board certification. He later trained in adult psychoanalysis for eight years. He now specializes in child and adolescent psychiatry. Dr. McDonald has lived and worked in Europe, Asia, and Central America, and he is proficient in Japanese, Spanish, and French. His opinions on topics such as the need to re-open America's schools, and the pandemic of fear in the United States today, have been widely published in local and national news, including the Wall Street Journal and The Federalist.

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